

St Michael's Pre-school

Safeguarding and Welfare Requirements: Safety and Suitability of Premises, Environment and Equipment

Providers must ensure that they take all reasonable steps to ensure staff and children in their care are not exposed to sun risks and must be able to demonstrate how they are managing risks.

Health and Safety

3.3 Sun Safety

Policy statement

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. There is potential for nurseries to help prevent skin cancer in future generations because:

- Settings can play a significant role in changing behaviours through role modelling and education from an early age.
- Children and staff are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

EYFS key themes and commitments

A Unique Child	Positive Relationships	Enabling Environments	Learning and Development
1.3 Keeping safe 1.4 Health and well-being		3.3 The learning environment 3.4 The wider context	

Procedures

- Partnership: working with parents/guardians, pre-school staff and the wider community to reinforce awareness about sun safety and promote a healthy nursery.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Protection: providing an environment that enables children and staff to stay safe in the sun.

PARTNERSHIP

- Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid the harmful effects of too much exposure to ultraviolet light (UV).

- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing, hat and sunscreen.

EDUCATION

- Parents and guardians will be asked through letters/newsletters to support this policy by encouraging their children to adopt the message and act as role models.
- Children will be read 'George the Sun Safe Superstar', an illustrated, rhyming story that educates children on the importance of Sun Safety and staff will regularly reinforce the sun safe messaging through discussion.

PROTECTION

Shade:

- The pre-school outdoor space has shade under two trees and under the canopy for use during outdoor play.
- Children will be encouraged to use the shaded areas during playtimes when appropriate.

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection.
- Parents/guardians will be duly informed of the importance to provide the nursery with appropriate sun hats and sunscreen as advised by the national skin cancer charity 'Skin'.
- The pre-school will provide spare appropriate sun hats and quality sunscreen on site at all times.

Drinking Water:

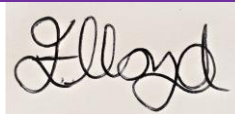
- Children are encouraged to increase their water intake in hot weather and are encouraged to drink water during outdoor play time.

This policy was adopted by _____ *(name of provider)*

On 16/11/23 *(date)*

Date to be reviewed _____ *(date)*

Signed on behalf of the provider



Name of signatory Ellena Lloyd

Role of signatory (e.g. chair, director or owner) Committee Chair